

# C O R D I L L E R A ~ C R O S S I N G

John Dunn's 1000 km hiking & canoeing traverse of the untracked ranges of northern British Columbia

**The Expedition:** John rates this expedition as the toughest of his career. Starting in September was fine for enjoying the fall colours and cool bug-free travelling. But by the time John and Bob were making their way through the snow-covered Kwadacha wilderness in mid-October, such a late start seemed to be not such an inspired choice! But the challenge was accepted nonetheless.

**The Lecture:** this is a classic John Dunn big screen show. Great landscape images, fascinating video clips that convey the human side of such a journey, and an entertaining and insightful talk. It all makes for a very interesting adventure lecture. It is a rich mix of geography, history, and exploration.

**The Cordillera:** the parallel mountain ranges of the Canadian Cordillera are part of the western backbone of North America. The Rockies are just one part of the Cordillera: rising to the east of the great Rocky Mountain trench. The latter was a natural halfway point for the "Cordillera Crossing" expedition.



This lecture was selected for the National Geographic Society "Quest for Adventure" series



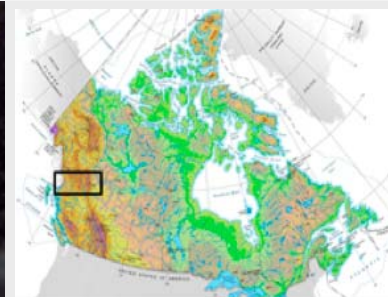
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Left: with winter closing in, Bob Saunders unloads the boat at the top of a wild and soon-to-be-frozen part of the Muskwa River.

Bottom left: the morning mist is reflected in an unnamed lake. Such moments of great beauty were a very much appreciated reward for the hard work of the traverse.

Below: laden with 20 days food and heading for the alpine. John Dunn pauses for breath on yet another tough climb in the Skeena Mtns. Grazing on the ample wild berry crop provided a good excuse to stop.

The Cordillera Diet Plan: this 54 day epic through the wildest part of British Columbia turned out to be a great weight loss program! John & colleague Bob Saunders both shed 30 lb during the journey.



[www.arcticlight.com](http://www.arcticlight.com)  
[jdunn@arcticlight.com](mailto:jdunn@arcticlight.com)

